

Menu is subject to change due to availability.

*We apologize for any inconvenience.*

# Wise County Committee on Aging December 2025

All of our meals are  
designated and approved  
by a certified nutritionist.

Due to current financial restraints,  
we do not have the budget to  
customize individual meals.

Monday 12/1/2025	Tuesday 12/2/2025	Wednesday 12/3/2025	Thursday 12/4/2025	Friday 12/5/2025
Arroz con Pollo Roasted Corn & Bell Peppers Carrots Cake	Beef Lasanga Broccoli & Cauliflower Mix Bread Squash Ambrosia	Cranberry Glazed Pork Roasted Potatoes Brussel Sprouts Roll Fruit	Beef Steak Fingers Garlic Mashed Potatoes Cream Gravy Capri Vegetables Bread & Parfait	Chicken & Dumplings Peas Carrots Roll Apple Crisp
Monday 12/8/2025	Tuesday 12/9/2025	Wednesday 12/10/2025	Thursday 12/11/2025	Friday 12/12/2025
BBQ Sliced Sausage Seasoned Corn Green Beans Bread	Salisbury Steak Gravy Garlic Mashed Potatoes Tuscan Blend Vegetables Roll & Fruit Medley	Baked Pork Chop Brown Gravy Rice Pilaf Brussel Sprouts Corn Bread & Chocolate Brownie	Chicken Parmesan Pasta Broccoli Bread Cranberry Pear Crisp	Beef Stew Carrots Corn Roll Fruit Cup
Monday 12/15/2025	Tuesday 12/16/2025	Wednesday 12/17/2025	Thursday 12/18/2025	Friday 12/19/2025
Autumn Butternut Squash Soup Green Beans Beets Saltine Crackers Fruit Cup	Country Fried Steak Cream Gravy Mashed Potatoes Okra & Tomatoes Roll Fruit	Chicken Fajita Corn & Black Bean Spanish Rice Lemon Buttermilk Cobbler	Beef Rotini Pasta Bake Squash Medley Carrots Roll Cinnamon Pears	BBQ Pulled Pork w/Bun Sweet Potato Coleslaw Onion Slices Fruit Crisp
Monday 12/22/2025	Tuesday 12/23/2025	Wednesday 12/24/2025	Thursday 12/25/2025	Friday 12/26/2025
Sesame Ginger Chicken Rice Oriental Vegetables Roll Mandarin Orange & Cherries	Meatballs & Pasta Broccoli Corn Bread Fruit Cup	Baked Ham Sweet Potatoes Brussel Sprouts Roll Fruit Cobbler	Turkey Pot Pie Mashed Potatoes Green Beans Roll Chocolate Brownie	Chicken Fajita Spanish Rice Mexican Squash Tortilla Cake
Monday 12/29/2025	Tuesday 12/30/2025	Wednesday 12/31/2025	 	
Pork Chops Corn Peas Roll Cake	Grilled Chicken Sandwich Sweet Potato Fries Lett/Tom/Onion Apple Crisp Bun	Beef Enchilada Bake Roasted Potatoes Squash Fruit		