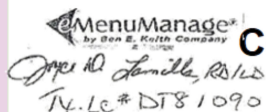


Menu is subject to change due to availability.

We apologize for any inconvenience.



Wise County Committee on Aging November 2025

All of our meals are
designated and approved
by a certified nutritionist.

Due to current financial restraints,
we do not have the budget to
customize individual meals.

Monday 11/3/2025	Tuesday 11/4/2025	Wednesday 11/5/2025	Thursday 11/6/2025	Friday 11/7/2025
Beef Marsala Rice Green Beans Bread Fruit	Yankee Pot Roast Brown Gravy Scalloped Potatoes Spinach Bread Fruit	Hawaiian Chicken Fried Rice Peas Roll Fruit	Smothered Pork Chop Macaroni & Cheese Normandy Vegetables Bread Orange Zephyr Whip	Sante Fe Chicken Potato Wedges Tomatoes Cookies
Monday 11/10/2025	Tuesday 11/11/2025	Wednesday 11/12/2025	Thursday 11/13/2025	Friday 11/14/2025
BBQ Chicken Breast Scalloped Potatoes Brussels Sprouts Bread Fruit Cobbler	Stuffed Bell Pepper Oven Fried Potatoes Mixed Vegetables Bread Cookie	White Chicken Chili Spinach with Onions Stewed Tomatoes Mandarin Orange Fluff	Turkey Meatloaf Mashed Potatoes Zucchini Cornbread Banana Pudding w/Wafers	Honey Garlic Meatballs Butter Beans Spicy Carrots Bread Espresso Cake
Monday 11/17/2025	Tuesday 11/18/2025	Wednesday 11/19/2025	Thursday 11/20/2025	Friday 11/21/2025
Chicken Parmesan Bowtie Pasta Brussel Sprouts Carrots Bread Cake	Santa Fe Pork Cubes Rice Green Beans w/Onions Squash Roll Cookie	Beefy Noodles Green Peas Roll Fruit	Salisbury Steak Red Roasted Potatoes Zucchini Roll Fruit	Salmon Pattie Cheese Grits Spinach Cornbread Fruit
Monday 11/24/2025	Tuesday 11/25/2025	Wednesday 11/26/2025	Thursday 11/27/2025	Friday 11/28/2025
Pork Tips w/Gravy Whipped Sweet Potato Spinach Roll Ambrosia Cup	Sweet & Sour Pork Oriental Vegetables Mexican Squash Fluffy Rice Pork Egg Roll Fruit Yogurt	Oven Roasted Turkey Sweet Potatoes Poultry Gravy Green Peas/Red Pepper Roll Angel Food Cake	Grilled Chicken Sandwich Oven Baked French Fries Blackeyed Peas Cookie CLOSED	Chicken Fajitas Tortilla Spanish Rice Southwest Baked Beans Fruit CLOSED