

Menu is subject to change due to availability.

We apologize for any inconvenience.

Wise County Committee on Aging May 2023

Monday 5/1/2023	Tuesday 5/2/2023	Wednesday 5/3/2023	Thursday 5/4/2023	Friday 5/5/2023
Chicken and Sausage Gumbo Fluffy Rice Okra Cornbread Mandarin Oranges	Chicken Parmesan Egg Noodles Italian Green Beans Garlic Bread Fresh Baked Cookie	Beef Steak Fingers Cream Gravy Mashed Potatoes Carrots Wheat Bread Seasonal Fresh Fruit	Charbroiled Beef Patty Baked Beans Oven Baked French Fries Lettuce, Tomato, Onion Hamburger Bun Apple Slice	Santa Fe Pork Cutlet Southern Hominy Tossed Salad Dressing Wheat Roll Fruit Crisp
BB 2023 Wk 1				
Monday 5/8/2023	Tuesday 5/9/2023	Wednesday 5/10/2023	Thursday 5/11/2023	Friday 5/12/2023
Chicken Salad on Lettuce Pasta Salad Wheat Roll Chunky Fruit Medley Oatmeal Raisin Cookie	Pork Loin Red Roasted Potatoes Green Beans Mandarin Orange Fluff	Beef Tips Bowtie Pasta Steamed Baby Carrots Wheat Roll Lemon White Chocolate Cookie	Chicken Fried Steak Cream Gravy Mashed Potatoes Green Beans Whole Wheat Bread Rainbow Fruit Salad	Sliced Ham Macaroni & Cheese Greens Cornbread Assorted Yoghurt
BB 2023 Wk 2				
Monday 5/15/2023	Tuesday 5/16/2023	Wednesday 5/17/2023	Thursday 5/18/2023	Friday 5/19/2023
Orange Glazed Pork Chops Herb Roasted Potatoes Carrots Wheat Roll Apricots	Rosemary Chicken Breast Yams French Cut Green Beans Wheat Rolls Pineapple Chunks	Beef Stroganoff Parsley Noodles Brussels Sprouts Wheat Rolls Angel Food Cake w/Strawberry Topping	Sweet & Sour Chicken Fried Rice Oriental Vegetables Vegetable Pork Egg Roll Mandarin Orange & Cherries	Glazed Meatloaf Mashed Potatoes Parmesan Cheese w/Broccoli Dinner Roll Cinnamon Apples
BB 2023 Wk 3				
Monday 5/22/2023	Tuesday 5/23/2023	Wednesday 5/24/2023	Thursday 5/25/2023	Friday 5/26/2023
Chicken Taco Salad w/ Shredded Cheese Pinto Beans Tortilla Chips Pico de Gallo, Dressing Fresh Fruit	Hamburger w/ Bin & slice of cheese French Fries Chuck Wagon Beans Lettuce, Tomato, Onion Seasonal Fresh Fruit	Grilled Chicken Breast Red Beans & Rice Okra Cuts Cornbread Mandarin Orange Fluff	Spaghetti & Meat Sauce Italian Green Beans Fresh Tossed Salad Dressing Garlic Bread Hot Cinnamon Apples	BBQ Beef on Bun Roasted Red Potatoes Buttered Corn Strawberries & Peaches
BB 2023 Wk 4				
Monday 5/29/2023	Tuesday 5/30/2023	Wednesday 5/31/2023		
Breaded Baked Fish Southwest Lentils Coleslaw Wheat Roll Escalloped Peaches	Lemon Pepper Chicken Rice Pilaf Broccoli Wheat Roll Angel Food Cake	BBQ Riblet Chuckwagon Corn Squash Medley Wheat Roll Banana Pudding w/Wafers		
fw 19/20 Wk 5				