

Wise County Committee on Aging August 2022

Monday 8/1/2022	Tuesday 8/2/2022	Wednesday 8/3/2022	Thursday 8/4/2022	Friday 8/5/2022	Saturday 8/6/2022	Sunday 8/7/2022
Beef Fajita Tips Spanish Rice Beans Shred Lettuce & Chop Tomato Flour Tortilla Pears	Baked Chicken Cornbread Dressing Broccoli Bread Mandarin Oranges & Cherries	Pork Roast Mashed Potatoes Okra and Tomatoes Roll Fruit Jello	BBQ Stuffed Potato Green Beans w/Bacon Cantaloupe Wedge Oatmeal Raisin Cookie	Chicken Salad on Lettuce Cottage Cheese Copper Penny Salad Saltine Crackers Sugar Cookie	Grits Sausage Fruit Cocktail Scrambled Egg	Hamburger Casserole Roasted Sweet Potatoes Peach Cobbler
Monday 8/8/2022	Tuesday 8/9/2022	Wednesday 8/10/2022	Thursday 8/11/2022	Friday 8/12/2022	Saturday 8/13/2022	Sunday 8/14/2022
Chicken Tenders Garlic Mashed Potatoes Vegetable Medley Dinner Roll Oatmeal Raisin Cookie	Beef & Pasta Casserole Zucchini Tossed Salad Dressing Garlic Bread Apple Brown Betty	Turkey Rice Casserole Green Pea Salad Calico Corn Dinner Roll Strawberry Oatmeal Cake	Beef Enchilladas Spanish Rice Pinto Beans Lettuce Tomato Salad Salsa Fresh Fruit	Grilled Pesto Chicken Old Fashioned Potato Salad Lett/Tom/Pickle/Onion Hamburger Bun Mustard/Mayo Seasonal Fresh Fruit	Scrambled Eggs Roasted Potatoes Sausage Mixed Fruit	Beef Spaghetti Green Beans Cobbler
Monday 8/15/2022	Tuesday 8/16/2022	Wednesday 8/17/2022	Thursday 8/18/2022	Friday 8/19/2022	Saturday 8/20/2022	Sunday 8/21/2022
Chicken Enchiladas Spanish Rice Charro Beans Shred Lettuce & Chop Tomato Wheat Tortilla Cinnamon Pears	Italian Meatballs w/Sauce Egg Noodles Peas & Carrots Spinach Bread Sugar Cookie	Oven Fried Chicken Sour Cream & Chive Mashed Potatoes Broccoli w/ Cheese Roll Fresh Fruit	BBQ Pork Fiesta Corn Cantaloupe Wedge Oatmeal Raisin Cookie	Ham Salad Fluffy Rice Potato Salad Oyster Crackers Jello w/ Mixed Fruit	Pineapple Sweet & Sour Chicken Fried Rice Broccoli Cookies	Salisbury Steak w/Gravy Roasted Sweet Potatoes Green Beans Peaches
Monday 8/22/2022	Tuesday 8/23/2022	Wednesday 8/24/2022	Thursday 8/25/2022	Friday 8/26/2022	Saturday 8/27/2022	Sunday 8/28/2022
Chicken Enchilada Bake Street Corn Salsa Tossed Lettuce Salad Tapioca Pudding	Beef Pepper Steak Garlic Mashed Potatoes Capri Vegetables Roll Lemon Pudding	BBQ Beef on Bun Pinto Beans Romaine Salad Dressing Peach Crisp	Honey Garlic Chicken Cilantro Lime Rice Broccoli Florets Wheat Roll Fresh Fruit	Salad on Lettuce Pasta Salad Roll Chunky Fruit Medley Chocolate Chip Cookie	King Ranch Chicken Broccoli Cauliflower Cupcake	Oatmeal Bacon Pears
Monday 8/29/2022	Tuesday 8/30/2022	Wednesday 8/31/2022	   			
Beef Fajitas Mexican Rice Pinto Beans Corn Tortilla Sour Cream Fruit Crisp	Artichoke Chicken Angel Hair Pasta Seasoned Broccoli Stewed Tomatoes Roll Fruited Gelatin	Beef Patty Oven Baked French Fries Ranch Style Beans Lettuce, Tomato, Onion Hamburger Bun Ketchup/Mustard/Mayo Fresh Banana				

ss 2019 wk5

ss 2020 wk 1

ss 2018 wk 4

ss 18 wk 2

ss 2021 wk 8